



FOCUS

Message in a Bottle



What is it?

More than 5 million FREE Message in a Bottle kits have been distributed by Lions Clubs British Isles & Ireland in recent years to people with conditions such as diabetes, allergies, disabilities and life-threatening illnesses.

When the emergency services see the MIAB logo at the point of entry they know to look in the fridge for the MIAB. Inside they'll find information about the person's ongoing illnesses, prescription copies and people to be contacted in case of emergency.



Where can I get it?

The bottles are supplied FREE of charge thanks to generous donations from the public and businesses. Lions clubs supply the bottles to health centres, doctors' surgeries and chemists. They are also available direct from Local-Lions - contact us for more information.

We can help

We have a dedicated champion who is able to assist in spreading the word or answer any questions you may have. If you would like our MIAB champion Margo Shepard to attend any coffee mornings or community activities please call Margo on 01302 719498.



“Let's make contact”

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